



## Flavors of the Middle East: Recipes and Stories from the Ancient Lands (Hardback)

By Ghillie Basan

Ryland, Peters Small Ltd, United Kingdom, 2014. Hardback. Book Condition: New. 257 x 216 mm. Language: English . Brand New Book. Aromatic, fragrant, and spicy, the flavors of the Middle East are steeped in a fascinating history of ancient empires and dynasties, wars and diverse religions, and the east-west trade routes, all of which have had a lasting influence on the culinary cultures of this vast and turbulent region. This exciting book chronicles the essential dishes that you would encounter should you travel these ancient lands - they are the recipes that have truly stood the test of time. Mezze, Salads, and Soups start the feast; enjoy Hot Hummus with Samna and Pine Nuts or Broad Beans with Eggs and Dukkah. Meat and Poultry Main Courses include Roasted Meat - stuffed Onions with Honey and Tamarind or Lamb Shish Kebab with Yogurt and Flatbread, while Poached Fish with Saffron Rice is an option for a Fish and Shellfish Main Course. Vegetables and Preserves include Turmeric Potatoes with Chillies, Lime, and Cilantro, while Sweet Dishes, Conserves, and Drinks features Quinces Poached in Clove Syrup with Buffalo Cream.



[DOWNLOAD PDF](#)



[READ ONLINE](#)

[ 5.27 MB ]

### Reviews

*It in one of the best ebook. Yes, it is actually engage in, still an interesting and amazing literature. Its been developed in an exceedingly straightforward way in fact it is just following i finished reading through this book by which basically modified me, alter the way i really believe.*

-- **Mr. Maynard Kessler PhD**

*This book might be worth a read, and far better than other. It is rally interesting throgh studying time period. I discovered this book from my i and dad suggested this ebook to find out.*

-- **Isobel Bailey**

## Relevant Kindle Books

---



### [Index to the Classified Subject Catalogue of the Buffalo Library; The Whole System Being Adopted from the Classification and Subject Index of Mr. Melvil Dewey, with Some Modifications . \(Paperback\)](#)

Rarebooksclub.com, United States, 2013. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This historic book may have numerous typos and missing text. Purchasers can usually download a free scanned copy of the...

---



### [Learning with Curious George Preschool Reading \(Paperback\)](#)

Cengage Learning, Inc, United States, 2012. Paperback. Book Condition: New. Workbook. 267 x 216 mm. Language: English . Brand New Book. There s no better way to ignite your child s curiosity for learning than with Curious George at the ready, and...

---



### [Halloween Stories: Spooky Short Stories for Children \(Paperback\)](#)

Createspace, United States, 2015. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.10 Halloween Stories for Kids!Happy Halloween!Your child will enjoy this Halloween book full of spooky stories. This is an...

---



### [Halloween Stories: Spooky Short Stories for Kids \(Paperback\)](#)

Createspace, United States, 2015. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Spooky Halloween Ghost Stories for Kids!This book is not just any book, but rather a challenge. A challenge to all...

---



### [Flappy the Frog: Stories, Games, Jokes, and More! \(Paperback\)](#)

Createspace, United States, 2015. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Are you looking for a kid s or children s book that is highly entertaining, great for early readers, and...

---



### [I Learn, I Speak: Basic Skills for Preschool Learners of English and Chinese \(Paperback\)](#)

Paraxus International, Inc., United States, 2012. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Please go to // and shapes for some high resolution sample pages. Learn Chinese - Basic Skills for...