



## Mental health. Depression

By Clinton Kelly

Grin Verlag GmbH Apr 2014, 2014. Taschenbuch. Book Condition: Neu. 210x148x1 mm. This item is printed on demand - Print on Demand Titel. Neuware - Seminar paper from the year 2013 in the subject Nursing Science, grade: B, New York University, language: English, abstract: According to Pooler (2009), depression is a form of disorder which is characterized by persistent feelings of worthlessness and sadness which makes someone lack the desire to engage in any formerly activity that is pleasurable. All mood disorders are characterized by a syndrome that include psychological like decreased concentration or somatic symptoms like insomnia. Anhedonia (depressed mood) is a prominent feature of this illness. Nevid (2009), adds that depression involves moods, body and thoughts hence cause pain for individual with the disorder and those who care about him or her. Mood disorders are classified into unipolar depressive disorders and bipolar disorders. The disorders are in different forms which include Major Depression disorder, dysthymic disorder and several others with different characteristics like postpartum depression, psychotic depression and seasonal affective disorder. Individuals suffering this illness have such symptoms like agitation, loss of interest; sleep disturbance, lack of concentration, low self-esteem, and a very low mood. Individuals under depression...



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