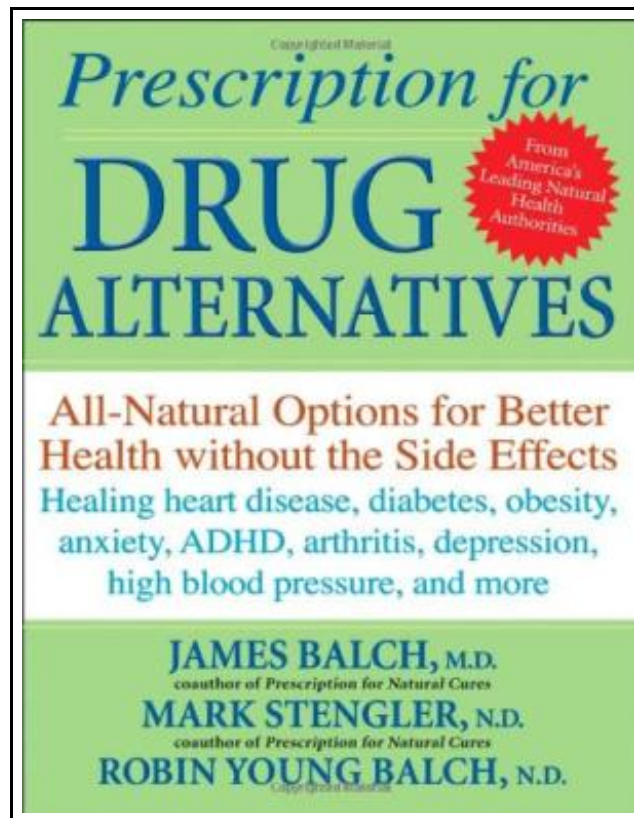


Prescription for Drug Alternatives: All-Natural Options for Better Health without the Side Effects



Filesize: 7.56 MB

Reviews

The best book i actually go through. It can be full of wisdom and knowledge Once you begin to read the book, it is extremely difficult to leave it before concluding.
(Prof. Greg Herzog)

PRESCRIPTION FOR DRUG ALTERNATIVES: ALL-NATURAL OPTIONS FOR BETTER HEALTH WITHOUT THE SIDE EFFECTS



Wiley. Paperback. Book Condition: New. Paperback. 504 pages. James Balch and Mark Stengler, coauthors of the hugely successful *Prescription for Natural Cures*, and Robin Young Balch have teamed up to create the most comprehensive and up-to-date book available on natural alternatives to prescription medications. The book provides natural, safe, and effective ways to treat a wide range of common ailments, including ADHD, allergies, diabetes, depression, erectile dysfunction, eczema, heart disease, headaches, and PMS. You'll read in-depth information, not found in any other popular book, about the pros and cons of prescription and over-the-counter drugs compared with natural treatment alternatives ranging from diet and lifestyle changes to supplements and herbal medicines. This book is essential reading for anyone who wants to take charge of his or her health. Read it to live long and well. Hyla Cass, M. D. , author of *Supplement Your Prescription: What Your Doctor Doesn't Know about Nutrition* An outstanding resource for comparing common pharmaceutical and holistic treatments. Ronald M. Lawrence, M. D. , coauthor of *Preventing Arthritis* and *The Miracle of MSM* A must-read for every person who wants to achieve better health and avoid the dangers of synthetic medications. The authors do an exceptional job by telling you everything you need to know about getting well and how to use supplements correctly and safely. Suzy Cohen, R. Ph. , author of *The 24-Hour Pharmacist* This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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